



# The Quill

August 2018

## A Commitment to Quality

Qualis Corporation works hard to ensure that the critical programs, products, and systems we work on are properly acquired, tested, and fully operational in order to support the often urgent and important operational needs of our various customers. After all, quality is in our name (the Latin meaning of the word for quality is “Qualis”).

We provide solutions to major Defense and Civil Programs, ultimately protecting those who risk it all—the Warfighter, Homeland Defense as well as Human Spaceflight.

We understand the importance of our services and are dedicated to being socially responsible on a corporate level to protect our people, our mission, our customers, our communities and even our environment.

We understand this responsibility and believe we reflect a commitment to managing every aspect of our business in the highest quality manner, from delivering superior service to creating a company culture exhibiting the highest standards of excellence.

We promote leadership among our people and provide opportunities. We believe in striving for the highest ratings from our customers (read more pg. 2, “Duke Street”) ; our expectation is to sustain and grow the business of Qualis, all while growing our reputation for active community involvement in the places like our Qualis Cares initiatives.

We are also committed to making safety a high priority. Our management encourages employees to participate in training and events, even rewarding those who make special contributions to making the workplace safer.

Many customers have recognized Qualis for its high standards in safety, innovation, and our quality of services.

However, our work is not complete! We continue to set the mark high to ensure our standards, mission, vision, and values align with our company’s strategic direction.

### **Our Quality Commitment Statement:**

***Qualis provides services and products that exceed customer expectations through our commitment to continuous improvement in total life cycle management.***

Read more on our commitment to providing quality services in the About Us section of our website at [www.qualis-corp.com/about/](http://www.qualis-corp.com/about/).

## PRIDE Awards

<b>June</b>	Phillip Rainey
Brenda Polk	John Tortorano
Gary Sellers	Jason Diessner
Michael Squillacote	Lavon Perry
Cindy Seale	Walker Haddock
James Bruce	Walker Blankinship
Dr. Steven Ehlert	Janie Lambert
Randy McGuire	<b>August</b>
Jarrold Welsh	Dale Sowers
<b>July</b>	Randy Jones
Mellisa Brown	Alice Masengale
Robert Powell	Virginia Spock

Welcome New Hires

Cam Kitts

Greg Reighter

Jason Mann

Jessie Willoughby

Timothy Russo

David Cowart

Olivia Green

Doug Willard

Nathan Rigby

Samantha Allen

Heather Harrison

Peter McDonough

Frank Schmidt

Orlando Padilla

Charles Florez

Mika Myers

Matthew Dodson

Justin Pahl

Kathleen Fuqua

Colton Lapworth

Raul Esteras-Palos

Alexander Moran

DUKE STREET

A Periodic Column by  
Rod Duke, President



Qualis is Rocking It – Thanks To You All!

I think most of you know that our customers give us scores in the form of CPARS – Contractor Performance Assessment Reporting System. We get graded on how well the company is doing with regard to: Technical/Quality performance, Cost, Schedule, Management, Subcontracting goals, Regulatory compliance, and Other. Well, thanks to you all, on our latest CPARS report that just came in and we got: Exceptional, Exceptional, Exceptional, Exceptional, Exceptional and N/A (or not scored). Wow! This is huge for Qualis. Perfect 10s! Well, in this case perfect 5s! So, thank you all, for all that you do, to help Qualis get perfect scores! This is so important to our strategic plan.

Qualis Corporation and Rain Making!

You may recall from my last “Duke Street,” I mentioned that new work had started in Huntsville with more work on the way. We have staffed up on our new Force Protection contract and we have just won our re-compete with the AFRL and AFOTEC related Cyber Security Red Team support services. This is great news for our company. We have a number of other bids pending, and I look for 2019 to be a “breakout year” for Qualis, creating opportunities for all of you!

**Ask a friend to join Qualis.** As in previous columns, I like to give you a reminder that you can make some extra cash by referring a friend or colleague to Qualis. Some of you are making it a second stream of income by referring candidates that we hire. Our best references often come from our employees, so keep up the good work team!

As always, thank you again for all you do for our customers, community, country, and Qualis Corporation.

*Rod*



### Employee Spotlight

The Qualis Employee Spotlight is a way for us to highlight employees and for you to become acquainted with the entire Qualis network, in our various locations. If you are interested in nominating a co-worker to appear in our next newsletter, please email your Program Manager.



#### Taking Commendable Action

Kudos to Janie Lambert for her quick-thinking action at work on June 13 which helped to save another employee's life. Lambert noticed a woman who was in physical distress while in the restroom. She, without hesitation, began to assist the woman in her discomfort.

Lambert's previous emergency training kicked in as she began to assess the situation. The woman disclosed she was having an allergic reaction from something she had eaten and was experiencing inhibited breathing. Lambert immediately summoned someone to call 911 and stayed with the woman until help arrived.

"Ms. Lambert's quick thinking and first response background made it possible to see [woman's name] was having an allergic reaction and her wind pipe was closing. Ms. Lambert's actions give much credit to her and your company on a commendable action!

Lambert is also acknowledged for consistently looking out for the larger Florida-based team by Project Lead Thomas Russ.

Great thinking Janie! We can all learn from your helpful actions to help others who may exhibit signs or symptoms of being in trouble.

#### Recognizing Common Signs of Distress in Others

- looking pale
- perspiring excessively
- having breathing difficulties
- extreme fatigue, dizziness or fainting
- muscular spasms
- obvious intense pain (especially in the chest or abdomen)
- severe or persistent vomiting
- complaints of sleep problems, or falling asleep in unexpected circumstances
- continual episodes of illness, colds, flu etc.

### Lisa's IT Corner

A Monthly Column by Lisa McNabb, Systems Administrator



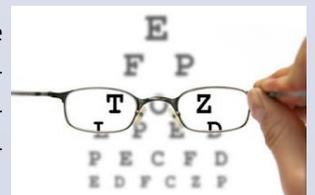
#### 8 Tips to prevent Eyestrain

Staring at a computer screen or mobile device for too long can have negative effects on your eye health. Your eyes may feel tired or irritated after focusing intensely on any activity on an electronic device.

Eyestrain is a common condition, and is becoming even more frequent in this digital age. Eyestrain caused by the use of digital devices like computers, smartphones, and tablets is better known as computer vision syndrome or digital eyestrain.

There are some simple things you can do to help prevent eyestrain. Some of them you can even start doing today.

1. Look away frequently: use the 20-20-20 rule, which is to focus on an object that is 20 feet away, and look at it for at least 20 seconds.
2. Position your screen: Make sure you are looking at your digital device at the correct distance and in the proper position.
3. Find the right light: Lighting can cause eyestrain. It can either be too dim or too bright, depending on the activity.
4. Multitask correctly: When working from printed material, use a document stand to avoid having to move your eyes, neck, and head too frequently.
5. Use eye drops: Intense focus, particularly when viewing a screen, can result in a dramatic reduction in how many times you blink per minute. When you blink less, your eyes can get dry and irritated.
6. Check the air: You may find that you spend time in a place that has poor air quality. Dry or polluted environments and places with fans and heating and cooling units may cause eyestrain.
7. Wear proper eyewear: Work with your doctor to determine whether you need special eyewear to reduce eyestrain.
8. Reduce time spent on a single activity: A simple way to avoid eyestrain is to limit the time you're exposed to a single activity that requires intense focus.



## HR Digest

A Monthly Column by Keanna Nichols,  
Director of Human Resources



### First Aid Kit: You Can Do It!



Putting together a first aid kit for your home can help you respond to medical emergencies. These are some items to keep in your kit:

#### Information

- Keep a first aid manual handy.
- A list of phone numbers for local emergency personnel, family physicians and the regional poison control center should be kept with the kit.
- A list of allergies and medications prescribed for each family member.
- Complete medical consent forms for each family member. These allow someone to authorize treatment in an emergency medical situation when you're not able.

#### Medicines

- Acetaminophen, ibuprofen and baby aspirin (81mg) tablets.
- Cough suppressant and antihistamines.
- Activated charcoal and Ipecac syrup are no longer recommended for poison control in the home, according to the American Academy of Pediatrics. If you have these items, dispose of them.
- Current medications that may have been prescribed for family members with severe allergic reactions.
- Spare life-sustaining medications such as insulin. Replace when these expire or lose effectiveness through extreme temperatures.

#### Injury and Wound Care

- Assorted "butterfly" bandages for open cuts.
- Triangular bandages for wrapping injuries.
- Elastic wraps for joint injuries.
- Gauze in rolls and in two-inch pads and four-inch pads.
- Adhesive tape, scissors, antiseptic, disposable cold packs and disposable latex gloves.

#### Other supplies

- Thermometer.
- Petroleum jelly, hydrocortisone cream and calamine lotion.

For more information, visit [www.CDC.gov](http://www.CDC.gov) or [www.AAPCC.org](http://www.AAPCC.org).

## Career Opportunities at Qualis

Congrats to those who referred employees and received payouts in the month of August:

**David Rivera**  
**Dean Brown**

Please check our website for all current openings and

**Remember our Employee Referral Bonus!!!**

*Qualis Employee Referral Bonus Program: Employees are encouraged to recommend and refer qualified candidates. A monetary bonus is offered for referral of candidates who are ultimately hired for open positions.*

View current openings at

<http://www.qualis.com/careers.html>

Equal Opportunity Employer/M/F/V/D and a participant in E-Verify

## Social Media

Qualis is getting social! Well, we've been on the Twitter and LinkedIn scene for some time, but now you can add our Facebook Fan Page, Instagram and YouTube profiles to connect with us on social media! And don't forget to join our LinkedIn Qualis Corporation Employees and Alumni Group to stay connected and learn about the newest job alerts.

## Follow. Like. Subscribe.



Stay up to date on the latest:

-New Job Postings

-Our Services

-News Updates

-Community Involvement

Twitter: @qualis\_jobs  
FB and IG: @qualiscorp  
YouTube and LinkedIn

## Are you LinkedIn yet?



*For current/past employees who want to stay connected with what's happening at Qualis Corporation*

Join the Qualis Corporation Employees and Alumni Group  
([www.linkedin.com/groups/8459591](http://www.linkedin.com/groups/8459591))